



APPETITE for ADVENTURE:

Nutrition tips for the active dog

Playtime Preparations

- Bring plenty of water for your pooch and plan several small hydration breaks.
- Bring a set number of treats on the trip - not the entire package.
- Provide treats as occasional rewards for certain behavior, such as learning a new command.



For a long lasting treat on any outdoor adventure, don't forget to bring along your Hartz® Oinkies!

Caloric Intake & Nutrition

DOG FOOD & TREATS

Small Dog - up to 670 kcal
(Under 24 lbs.)

Medium Dog - 690~1150 kcal
(25-49 lbs.)

Large Dog - 1160 kcal and up
(50 lbs.+)

Caloric needs range widely depending on age, breed and activity level, and should be adjusted accordingly.

Calories from treats should not exceed 10% of the dog's daily caloric needs.

NRC. Nutrient Requirements of Dogs and Cats. Washington, DC: The National Academies Press, 2006.

WATER

60% to 70% of your pet's body weight is made up of water, so pair at least one quart of water with every pound of dry dog food.³

It is recommended that fresh water be made available at all times.

PROTEIN

Proteins and their building blocks, amino acids, help keep the body functioning normally, a balanced amino acid profile from the food is essential to meet a dog's needs.

FAT

Fats are the major energy supply and storage form in an animal's body. Fatty acids have various profiles from animal & plant sources, & require a balanced intake for the essential body functions.

CARBOHYDRATES

Carbohydrates serve as energy in the form of glucose to be utilized by the cells of brain and other major organs. Fibers, also a type of carbohydrate, are not digestible by dogs, but they help bowel movement and fullness feeling for weight control purposes.

VITAMINS AND MINERALS

Vitamins are essential for most metabolic reactions in the body, and deficiency can cause diseases. Vegetables and fruits are often good sources of vitamins, such as carrots and apples. Minerals provide for various body functions as well as structures. Since most commercial diets are designed to provide balanced minerals, additional mineral supplements are rarely needed for dogs.



For more information about your favorite Hartz® dog treats, visit [Hartz.com](https://www.hartz.com)!



1. <https://www.petmd.com/dog/nutrition/6-healthy-treat-ideas-dogs>
2. <https://www.asPCA.org/pet-care/dog-care/dog-nutrition-tips>
3. <https://www.hartz.com/a-dogs-daily-diet/>

4. <https://www.asPCA.org/pet-care/dog-care/dog-nutrition-tips>
5. <https://www.hartz.com/healthy-fruits-and-vegetables-for-your-dog/>